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|---------------------|----------------------|----------------------|------------------------|
| 1—Jessica Poulton | 2—Landon Ahrens | 3—Lorraine Ellwood | 6—Hayden Hollifield |
| 7—Kaitlyn Post | 7—Donna Tronu | 8—Tyler Andrews | 8—Mateo Pinzon |
| 9—Emmanuel Arellano | 9—Ayden Brionez | 9—Brayelon Velez | 11—Maya Culpepper |
| 11—Luke Mahony | 12—Abby Harry | 12—Benjamin McKnight | 13—Brileigh Stephenson |
| 14—Makenna Bowser | 14—Karina Mazza | 15—Alexander Pillay | 16—Nate Lewis |
| 16—John Morrison | 16—Brayden Smith | 18—Hannah Dunbar | 18—Haiden Harden |
| 19—Tabitha Ezell | 19—Molly Gottschlich | 19—Hannah Morrison | 20—Sirena Acosta |
| 20—Maxi Hall | 21—Colton Sanders | 21—Paisley Whitford | 25—Debrah Alston |
| 25—Lilly Post | 26—Hadley Amos | 26—Debbie Poe | 27— Nick Bennett |
| 27—Maximo Lynch | 28—Mckenzie Finley | 28—Ethan Jobe | 29—Mercedes Harris |
| 29—Kason Small | 29—Jessica Solomon | 29—Zachary Zimmerman | |



Scripture of the Month (1st-5th grades)

The men were amazed and asked, “What kind of man is this?
Even the winds and the sea obey him!”
Matthew 8:27

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- March 12-14—Family Retreat at Camp Kulaqua
 - March 12-16—Spring Break (March 14—No Wednesday Night Programs)
 - April 1—EASTER SERVICES 8:00, 9:30, 11:00 (No childcare or classes at 8:00)
 - April 8—VBS Volunteer Training, 6:30pm Youth Center
 - April 15—Feed the Bay (at Publix after church)
 - May 13—Mother’s Day Parent-Child Dedication Services, 9:15am & 11:00am
 - June 11-15— Game On! Vacation Bible School, 9am-noon
Register NOW at bellshoals.com/vbs !
 - June 25-29—Children’s Summer Camp at Camp Kulaqua



Preschool & Children’s Ministry Newsletter

Hi Families,

With Spring Break approaching, you may be looking forward to some quality family time; maybe watching some TV shows or a movie, or playing some video games together. Check out Focus on the Family’s website pluggedin.com or the plugged-in app to make sure your quality family time is family friendly! Check out these other helpful media resources:

Godtube.com Vidangel.com Pureflix.com Netnanny.com Clearplay.com

Rebeka Corgan ><> Minister of Preschool & Children

March 2018



Bell Shoals
BAPTIST CHURCH
[Apollo Beach Campus](#)

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bellshoals.com/apollobeach
facebook.com/apollobeachcampus

[Children’s Classes](#)
[Babies-5th Grade](#)

Sundays - 9:15 & 11:00 am
Wednesdays - 6:30 –8:00 pm



Time to
Spring Ahead

Daylight Savings time
begins on **Sunday,**
March 12. Be sure to
set your clocks
AHEAD one hour
before you go to bed
Saturday night.

Vacation Bible School
COMING
JUNE 11-15, 2018

Volunteer Training - April 8 at 6:30pm

Register TODAY at bellshoals.com/vbs

Constructive Praise

By John Townsend



Confidence is earned, not bequeathed. That truth is supported by a wealth of recent research about children. Scientists are discovering that when kids get overpraised — when their parents affirm successes out of all proportion to reality — the child inevitably pays for it. Consider a few everyday examples:

“Yeah, you struck out. But the pitcher cheated!” to a kid struggling to figure out which end of the bat to hold.
“You made an A on the test! You’re the smartest kid at school!” to a child who knows exactly where she stands on her class’s intelligence spectrum — and it isn’t at the top.
“You deserve to be the lead in the play!” to a child who is in awe of the acting ability of classmates who got the lead roles.
When kids get overpraised, they know at some level that the praise isn't based on reality. So they develop a fear of taking risks and of failing. They have not yet developed the capacity to think, *I know what I’m capable of and what to do when I come to a situation beyond my capability*. Instead, they overflow with anxiety and shame, and often stop trying at all.

Confident Kids

Kids need confidence to win at life, and lots of it. But the path to genuine self-confidence is a history of success. When a child can look back at 20 track meets that went well, or a series of successful school projects, they begin to feel confident. And they should. Confident kids don’t have to talk themselves into “I can do this.” They know they can because they've already done it.

The ART of praise

Praise is an important part of parenting. But we sometimes praise our children in ways that can actually harm them. Praise that *seems* positive — such as praising things that take no effort, or praising tasks that are required of our child — can cause problems. When these patterns of praise become overall trends, parents risk fostering attitudes of entitlement in their children. Consider the following suggestions for using healthier praise, praise that will contribute to building resilience and confidence in your children:

- **Praise what takes effort.** Rewards and praise are most effective when they focus on an achievement that took time and energy. Usually, when praise is most effective, that achievement would involve a child’s character or internal makeup. But praise for what takes no effort can be unhealthy. To repeatedly praise a little girl for being pretty puts her in a bind. What she hears is, "What gets me loved is something I can’t do much about." She also hears, "My inside isn’t important, just my outside." Consider how that little girl would feel if instead she heard, “You work really hard at school.” Now what quality is receiving the praise? Her diligence, which she can do a lot about. Although looks fade over time, character will not. This girl's character will grow and blossom and become even more beautiful her entire life.

- **Praise the extraordinary.** Praise should be reserved for those times when a child stretches himself beyond the norm, puts some extra effort or time into a task or exceeds expectations. It’s not about doing the minimum, the expected. As a child grows older, he'll recognize that no one gets a party for showing up to work on time. Jesus put it this way: “So you also, when you have done all that you were commanded, say, ‘We are unworthy servants; we have only done what was our duty’ " (Luke 17:10).

- **Praise with specifics.** “You’re amazing!” “You’re so smart!” “You’re so awesome!”
Our culture is awash in exaggerations that have roughly the same value as an empty calorie. Both yield insignificant benefits. I like to say that the brain has "buckets" where different information goes. Praise should always go in the correct bucket: the bucket of hard work, being kind, being honest or being vulnerable. But the brain has no appropriate bucket for nonspecific, excessive statements, and is unable to make constructive use of them.
I once praised my family this way, until I realized that this type of praise was just a shortcut. It takes little effort to speak such phrases, and I could say these things to my wife, my kids or a fence post. It didn’t really matter which. It requires effort to observe and relate to a child about a particular praiseworthy behavior or attitude — maybe a specific test or project a child succeeded at, or that extra measure of effort she put into a race or difficult musical piece.

- **Avoid praising to create a special identity.** Every child needs affirmation when he has done well in class, at a hobby or in a sport. That is why competition can be healthy. The message should be, “You are good at what you do.” But when the message crosses the line to, “You are a better person than others because of what you do,” or, “You deserve special treatment,” trouble results. As a parent, the right message is, “Great job on defense in the soccer game! You worked hard with your team and your individual plays were excellent. Now go and help the coach pick up the equipment.” Top-tier executives, college students, managers and athletes all have to stand in line. Keep in mind that while your child may be better in ability, she is no better intrinsically. In the eyes of God, she is no better than anyone else, as the Lord is no respecter of persons (Acts 10:34).

- **Keep praise based on reality.** One of the saddest things I see encouraging parents do is to give a child hope in an area even though no real basis exists for that hope. Buoyed by comments such as, “You can do anything you want to,” a child might spend years and all of his energy in traveling down a path that is simply wrong for him. Consider the current crop of talent competition shows, such as "American Idol" and "The Voice." In the early rounds, there are always young people who have undoubtedly been overpraised and never gently told they have limited singing talent. The judges will be the first ones to give them a dose of reality — and that reality often proves to be devastating. It is much better for parents to encourage both dreams and hard work, while helping their child deal with reality. This difficult balance is a mark of great parenting.



Theme: Wise Up

Dates: June 25-June 29

Camp Pastor: Matt Hill

Where: Camp Kulaqua, High Springs, FL

Cost: **Earlybird discount!** If you register and pay at least the **\$100 deposit by 2/28**, your cost for camp will be \$375. After March 1st the cost of camp will be \$420. You can pay the non-refundable deposit of \$100 and make payments online.

Register at <http://www.bellshoals.com/camp>

Activities during free time include: Basketball, boardwalk, canoeing, climbing wall, go-carts, hiking, horseback riding, mini-golf, Natural Spring with the Blob and Tarzan Swing, Shuffleboard, River Ranch Water Park, Zoo and Nature Center.



WE ♥ OUR VOLUNTEERS



Patrick Gilles—9:15 3rd Grade
Carmelle Gilles—9:15 Pre-K

Patrick and Carmelle Gilles met in high school and have been together for 20 years and married for 10 years. Together, they have six wonderful children: Patrick Jr (19), Elly (18), Sherice (12), Ian (10), Abigail (6) and Malachi (4). They recently moved from Miami and have been her for about 7 months. Patrick and Carmelle have been told many times by God that one of their callings is to work with children and they love children - they have 6 of their own, after all! For as long as they can remember they have always found themselves in the midst of children. At their previous church, they were lead teachers in the children ministry. Their family really likes Bell Shoals and they love to serve, so in any way they can give a hand, they love to, even if it’s outside of the children ministry. To Patrick and Carmelle, children’s ministry is priority and they love that they are a part of it!

Candice Hernandez—11:00 Toddlers

Candice is married to Angel and they have three kids, Jacob (10), Jack (2), and Caroline (1). They recently moved to the Southshore area from Clearwater, and are enjoying the small town feel of the community. Candice homeschools their kids, and believes that a firm foundation based on the love of Jesus is best rooted during childhood. During her free time, Candice enjoys baking, reading, and enjoying the outdoor Florida lifestyle.

