

*Thanks for Giving*  
**God, Thanks for Giving Hope**  
Psalm 42

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**Psalm 42:1 (ESV)**

As a deer pants for flowing streams, so pants my soul for You, O God.

**Psalm 42:2 (ESV)**

My soul thirsts for God, for the living God. When shall I come and appear before God?

**Psalm 42:3 (ESV)**

My tears have been my food day and night, while they say to me all the day long, “Where is your God?”

**Psalm 42:4 (ESV)**

These things I remember, as I pour out my soul: how I would go with the throng and lead them in procession to the house of God with glad shouts and songs of praise, a multitude keeping festival.

**Psalm 42:5 (ESV)**

Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise Him, my salvation

**Psalm 42:6 (ESV)**

and my God. My soul is cast down within me; therefore I remember You from the land of Jordan and of Hermon, from Mount Mizar.

**Psalm 42:7 (ESV)**

Deep calls to deep at the roar of Your waterfalls; all Your breakers and Your waves have gone over me.

**Psalm 42:8 (ESV)**

By day the Lord commands His steadfast love, and at night His song is with me, a prayer to the God of my life.

**Psalm 42:9 (ESV)**

I say to God, my rock: “Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?”

**Psalm 42:10 (ESV)**

As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, “Where is your God?”

**Psalm 42:11 (ESV)**

Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise Him, my salvation and my God.

*Hope says, “My God will make everything right.”*

*Our hope sustains us at all times ...*

1. **Tragic times when hope is disturbed**

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My soul thirsts for God, for the living God. When shall I come and appear before God?

**Psalm 42:3 (ESV)**

My tears have been my food day and night, while they say to me all the day long, “Where is your God?”

2. **Testing times when hope is delayed**

**Psalm 42:9 (ESV)**

I say to God, my rock: “Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?”

**Psalm 42:10 (ESV)**

As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, “Where is your God?”

**Genesis 8:8 (ESV)**

Then he sent forth a dove from him, to see if the waters had subsided from the face of the ground.

**Genesis 8:9 (ESV)**

But the dove found no place to set her foot, and she returned to him to the ark, for the waters were still on the face of the whole earth. So he put out his hand and took her and brought her into the ark with him.

**Genesis 8:10 (ESV)**

He waited another seven days, and again he sent forth the dove out of the ark.

**Genesis 8:11 (ESV)**

And the dove came back to him in the evening, and behold, in her mouth was a freshly plucked olive leaf. So Noah knew that the waters had subsided from the earth.

**Genesis 8:12 (ESV)**

Then he waited another seven days and sent forth the dove, and she did not return to him anymore.

### 3. Triumphant times when hope is declared

#### **Psalm 42:11 (ESV)**

Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise Him, my salvation and my God.

#### *My response ...*

*Because Jesus gives me hope, I will keep praising Him.*

*Because Jesus gives me hope, I will trust Him right now.*

*Because Jesus gives me hope, I will share His hope with others.*

#### **1 Peter 1:3 (ESV)**

Blessed be the God and Father of our Lord Jesus Christ! According to His great mercy, He has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead,

#### **1 Peter 1:4 (ESV)**

to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you.

#### **1 Peter 1:6 (ESV)**

In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials.